

Flu

We're giving you **the facts on flu**

Fact: You can spread flu to vulnerable patients.

Fact: You are more likely to be exposed to the flu virus.

Fact: You can't get flu from the vaccine.

2019 edition

Trust the facts. **Get the vaccine.**

The flu vaccine is the safest, most effective way to protect yourself from flu.

Speak to your line manager or occupational health department.

www.flufacts.scot



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