

Personal staff invitation email sample

Dear [insert name of staff member],

Fact: Healthcare workers are more likely to be exposed to the flu virus.

Fact: Healthcare workers can spread flu to vulnerable patients.

Fact: The vaccine is quick, safe and free if you're employed by NHSScotland.

We are encouraging all NHS staff to get their flu vaccination early.

As healthcare workers, we have a duty to ensure those in our care are safe and protected, especially those who are most vulnerable to flu. This includes young children, people with a health condition like diabetes, a heart condition, breathing problems or kidney disease, pregnant women and those aged 65 years or over.

The flu vaccine is the safest and most effective way to protect yourself. It is important to get the vaccine each year as the flu virus changes, and immunity reduces over time.

The vaccine takes around 10 days to work, so the sooner you get it the better. We'd encourage you to book your appointment by [insert method of booking appointment].

For more information about flu and the flu vaccine, visit www.nes.scot.nhs.uk/flu/hcw

Also, staff at every NHS Scotland health board will have access to the Flu Bee app – an online game which encourages staff to get vaccinated.

Thank you for your support. By getting the free flu vaccine early, and encouraging eligible patients to do the same, we can make sure NHS [insert board name] is protected from flu.

Trust the facts. **Get the vaccine.**

[Insert name]